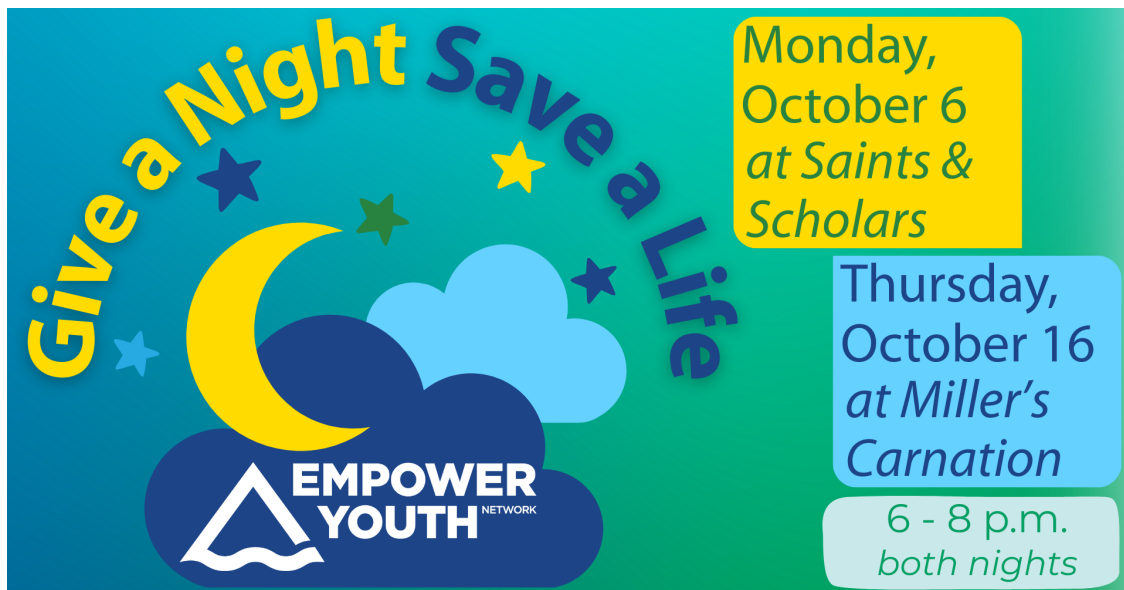


September 2025 Newsletter

Give a Night Save a Life, free pumpkin carving, Kindness Month, and so many more updates!



Give a Night Save a Life



RSVP to join us for one, or both, nights and locations!

✨ Special perks ✨ when you do join us on 10/06 and 10/16 (see below).

It takes the whole valley to prevent youth suicide and substance use. This event gives us the perfect opportunity to gather as a community in celebration of this life-saving work, in a laid-back setting, to do just that.

Give a Night Save a Life will be on Monday, October 6 from 6 - 8 p.m. at Saints & Scholars in Snoqualmie AND Thursday, October 16 from 6-8 p.m. at Miller's in Carnation. *Guests that attend both nights get a \$25 discount for your Heart of the Valley 2026 ticket for Saturday, May 16 and be entered to win a*

drawing for two Heart of the Valley tickets.

Suggested minimum \$75 donation per person includes entry to either location, two drink tickets, small bites, door prizes and a fun evening with friends in support of this important work.

RSVP for Give a Night Save a Life



We need your support! It's thanks to our wonderful community partnerships and sponsors that we are able to host events like Give a Night Save a Life to support our suicide and substance use prevention efforts for youth all across Snoqualmie Valley. Let's connect to see how you are able to make a special contribution. Contact Fund Development Manager Carol Van Noy below.

Sponsorship Inquiry

November is Kindness Month

Get ready for Kindness Month this November! During this time of year, we encourage youth, families, and friends across all of Snoqualmie Valley to do what they can to celebrate this month and why kindness is so important. There are a few ways to get into the spirit this November!



Sign up to have a FREE #BeKindSV yard sign in front of your home, businesses, or any other location you want to spread the message, "Kindness Starts With You!" Our goal is for most signs to be picked up from the Empower Youth Network office by Friday, October 31. Everyone with a yard sign is encouraged to have it displayed for the whole month, from November 1-30, but if you would like to put yours up sooner it is not too early to spread this message! Yard signs are a limited quantity, sign up soon.

Yard Sign Form

Join us on Sunday, November 9 from 12 – 2 p.m. at the North Bend Theatre to watch *Paddington*! With a motto like, "Please look after this bear," we'll be able to recognize messages of compassion and empathy that apply to the community we want Snoqualmie Valley to be. This is open to all youth and families! Did we mention there will be free popcorn and soda?

Paddington Movie Tickets

Back-to-School with YSM



Youth Success Mentoring (YSM) pairs adults with children from elementary age through the high school years. Volunteers work one-on-one with a child, up to one hour per week, in the Snoqualmie Valley and Riverview School Districts. Our program is continually growing, and we are adding more schools as well as more mentors.

Help a student start the 2025-26 school year off with your support.

[Email the Youth Success Mentoring Team](#)

[Apply to be a Mentor Now](#)

Weekend Power Pack Updates



We want to extend our thanks to the **Carnation** and **Duvall** libraries for serving as a Weekend Power Packs pick-up location this summer! We are so grateful to them for allowing us to continue our work throughout the summer months.

Want to support Weekend Power Packs this fall? Gather your friends, neighbors, book club, or coworkers together for a food drive and/or packing party. Packing parties are a fun team builder, and food drives are a great addition to your neighborhood block party. By supporting Weekend Power Packs, you are helping to ensure that students in the Riverview School District don't go hungry on the weekends. Email us below to get all the details.

Many thanks to everyone who has contributed to Weekend Power Packs through your food donations! We are so very thankful!

If you or your organization is interested in participating in a packing party, please contact us below.

Together, we can make a difference to keep kids fed.

Contact Us

We would also like to give a huge thank you to everyone who has donated via our Amazon Wish List. **If you would like to purchase items on our Wish List, please do so below.**

Thank you for your continued support!

Purchase Wishlist Items

Free Upcoming Youth Events



FREE PUMPKIN CARVING

Sunday, October 26
2:30 – 4 p.m.

Location
CARNATION FARMS

For middle and high schoolers!

*Ages 13-18

The poster features a large orange pumpkin in the background. On the left, the text 'FREE PUMPKIN CARVING' is written in large, bold, black and white letters. Below this, a yellow clock icon shows the time 2:30. To the right, a location tag with a red pin icon says 'Location' and 'CARNATION FARMS' with a small illustration of a farm. A green speech bubble on the right says 'For middle and high schoolers!' and a small cartoon character is at the bottom right with the text '*Ages 13-18'.

[Register Here \(Halfway Full!\)](#)

**Celebrate
Kindness Month
this November
with a FREE
movie that fits
the occasion,
PADDINGTON!**



[Register Here](#)

A festive poster for a cookie decorating event. The background is dark blue with white snowflake patterns. In the top left, the word "FREE" is written in large, green, stylized letters. To its right, the text "Holiday & Winter Cookie Decorating" is in white. In the top right, a location pin icon is next to the word "Location", and below it, "Tolt Middle School" is written in blue inside a yellow speech bubble with a white outline. In the bottom left, a yellow clock icon is next to the date and time "Tuesday, December 16 3-4 p.m." in white. In the bottom right, a black speech bubble contains the text "For middle and high schoolers!" in white, and below it is a simple white line drawing of a person's head and shoulders.

FREE

**Holiday & Winter
Cookie Decorating**

Tolt Middle School

Tuesday, December 16
3-4 p.m.

For middle and
high schoolers!

[Register Here](#)

*Pumpkin Carving and Cookie Decorating are free and open to **middle** and **high school students** to attend. Kindness Month Movie, Paddington, is open to all youth and families to attend.*

Henry Erhnman's Volunteer Story

A photograph of a young man, Henry Erhnman, smiling and giving two thumbs up. He is wearing a green t-shirt. Behind him is a white wall with a large sign that reads "EMPOWER YOUTH NETWORK" with a logo above it and "Resources for youth and families" below it. To the left of the sign is a window with blinds. Above the photo, there is a yellow and blue banner with text.

Want to support Henry & Valley Digital Age this year?

Please send an email to valleydigitalage@gmail.com!

Back in June, Henry Erhnman received the Sophie Theriault Empower Youth Voice Scholarship, an award offered through our Pathways to Employment Success program for the valiant volunteer efforts of Snoqualmie Valley youth. He was a Snoqualmie Valley School District (SVSD) student K-12 and a 2025 Mount Si High School (MSHS) graduate. Over the years, his dedication to serving his community has been nothing short of inspiring.

With over 74 activities logged for community service hours, and plenty of others off record, he has made a significant number of impressive contributions for his age to help out in the valley. Learn more about Henry's work, including addressing the digital divide for local seniors through Valley Digital Age, by reading the full story below.

[Read the Full Story](#)

[Want to Support Valley Digital Age? Email them!](#)

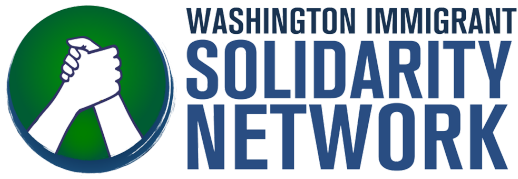
Some Useful Resources for Today



King County Library System
NextStep events (formerly known as Life After High School), provide teens and adults the information they need to plan for the future. Register for workshops [here](#).
Options available in Spanish.



The Hopelink Mobile Market
distributes food, and everything is free! Access a wide selection of fresh produce, dairy, and breads, as well as frozen foods, and more to choose from. Mobile Market clients can shop two (2) times per month and must be enrolled.



From Hotlines to Resource Finders and the Fair Fight Bond, **WAISN** is a fantastic way to find support for immigrant and refugee neighbors.

What resources or work should we share in the next newsletter?

Please contact Communication and Engagement Coordinator Maddy Horn at [**maddy@empoweryouthnetwork.org**](mailto:maddy@empoweryouthnetwork.org).

About Empower Youth Network

Empower Youth Network's mission is to promote and inspire youth to lead safe, healthy, and successful lives. The Network helps build, support, and coordinate community leadership to promote health and wellness through effective strategies to make the Snoqualmie Valley a place where all residents thrive.

Check out our [**website**](#) to learn more.

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