

October 2025 Newsletter

Kindness Month, community survey, specific mentoring needs, and so many more updates!



November is Kindness Month

Get ready for Kindness Month this November! During this time of year, we encourage youth, families, and friends across all of Snoqualmie Valley to do what they can to celebrate this month and why kindness is so important. There are a few ways to get into the spirit this November!



Sign up to have a FREE #BeKindSV yard sign in front of your home, businesses, or any other location you want to spread the message, "Kindness Starts With You!" Our goal is for most signs to be picked up from the Empower Youth Network office by Friday, October 31. Everyone with a yard sign is encouraged to have it displayed for the whole month, from November 1-30, but

if you would like to put yours up sooner it is not too early to spread this message! Yard signs are a limited quantity, sign up soon.

Yard Sign Form

Join us on Sunday, November 9 from 12 – 2 p.m. at the North Bend Theatre to watch *Paddington*! With a motto like, "Please look after this bear," we'll be able to recognize messages of compassion and empathy that apply to the community we want Snoqualmie Valley to be. This is open to all youth and families! Did we mention there will be free popcorn and soda?

Paddington Movie Tickets

Youth Success Mentors Needed



“Mentoring is one hour a week, it is the least anyone can do to support a young person and hopefully give them a strong foundation to grow from.”

Denver McKelheer,
Youth Success Mentor

EMPOWER YOUTH

NQMS GOLD PARTNER
2024 - 2027

A circular portrait of Denver McKelheer, a man with a beard and short hair, smiling, wearing a dark jacket with a small NFL logo.

Youth Success Mentoring (YSM) pairs adults with children from elementary age through the high school years. Volunteers work one-on-one with a child, up to one hour per week, in the Snoqualmie Valley and Riverview School Districts. Our program is continually growing, and we are adding more schools as well as more mentors.

Right now, YSM specifically is looking for:

- 2 men that can be mentors at Tolt Middle School
- A man that can mentor at the Riverview Learning Center
- 2 women that can mentor at Cherry Valley Elementary School
- 2 women that can mentor at Carnation Elementary
- A man that can mentor at Chief Kanim Middle School
- A person who is bilingual (Spanish and English) that can mentor at Tolt Middle School
- A person who is bilingual (Spanish and English) that can mentor at Snoqualmie Elementary School

We welcome anyone to apply to be a YSM mentor, but if you just so happen to be the right fit for an opportunity listed above, please join us!

Email the Youth Success Mentoring Team

Apply to be a Mentor Now

Community Survey Closes 11/14

☀️It Starts With You: Engage, Listen, and Connect ☀️

Your voice matters! We invite you to take our **2025 Community Survey** to help strengthen youth–adult connections and support prevention efforts in the Snoqualmie Valley. Available in **English** and **Spanish** online and at local **King County libraries** through **Friday, November 14.**

Take the survey today and help us build a healthier, more connected Snoqualmie Valley!

We want your feedback! (English Survey)

Queremos su opinión! (La encuesta en español)

Find out more about It Starts With You

Weekend Power Pack Updates



Thank You to Our Incredible Weekend Power Pack Volunteers!

We want to give a huge shout-out to the amazing volunteers who made donations of food and packed Weekend Power Packs for us this month! We're so grateful for your time, energy, and commitment to supporting local youth.

Want to get involved? Hosting a food drive is a fantastic way to make a difference. Whether you team up with coworkers, friends, your book club, or neighbors, your efforts help keep our shelves stocked and our community strong.

Thank you for helping us make a lasting impact!

If you or your organization is interested in participating in a packing party, please contact us below.

Together, we can make a difference to keep kids fed.

Contact Us

We would also like to give a huge thank you to everyone who has donated via our Amazon Wish List. **If you would like to purchase items on our Wish**

List, please do so below.

Thank you for your continued support!

Purchase Wishlist Items

Free Upcoming Youth Events



FREE PUMPKIN CARVING

Sunday, October 26
2:30 – 4 p.m.

Location
CARNATION FARMS

For middle and high schoolers!

*Ages 13-18

[FULL \(Click for Event Details\)](#)

Celebrate
Kindness Month
this November
with a **FREE**
movie that fits
the occasion,
PADDINGTON!



[Register Here](#)

A blue background with white snowflake patterns. In the top left, the word "FREE" is written in green, slanted letters. In the center, the text "Holiday & Winter Cookie Decorating" is written in white. In the top right, a location tag with a pin icon says "Location" and "Tolt Middle School" is written in blue. In the bottom left, a clock icon shows the time "Tuesday, December 16 3-4 p.m." in white. In the bottom right, a speech bubble says "For middle and high schoolers!" and a simple line drawing of a person is visible.

FREE

**Holiday & Winter
Cookie Decorating**

Location
Tolt Middle School

Tuesday, December 16
3-4 p.m.

For middle and
high schoolers!

[Register Here](#)

A background image of people ice skating in an indoor arena. In the top left, the word "FREE" is written in white on a blue banner. Next to it, "Ice Skating" is written in large, bold, blue letters. In the top right, a location tag with a pin icon says "Location" and "Sno King Ice Arena in Snoqualmie" is written in blue. In the bottom left, a clock icon shows the time "Saturday, December 20 3-4 p.m." in white. In the bottom right, a speech bubble says "For middle and high schoolers!" and a simple line drawing of a person is visible.

FREE **Ice Skating**

Location
**Sno King Ice Arena
in Snoqualmie**

Saturday, December 20
3-4 p.m.

For middle and
high schoolers!

[Register Here](#)

*Pumpkin Carving (for ages 13-18), Cookie Decorating, and Ice Skating are free and open to **middle and high school students** to attend.*

Kindness Month Movie, Paddington, is open to all youth and families to attend.

Give a Night Save a Life Recap & an exciting announcement!



Thank you for joining us at **Saints & Scholars** on Monday, 10/06.
Your support will help us continue this life-saving work.



Thank you for joining us at **Miller's Carnation** on Thursday, 10/16.
Your support will help us continue this life-saving work.

We are so close to reaching our fundraising goal to support our 100% free youth suicide and substance use prevention programming! At EYN, all of our

programs are rooted in prevention. We are helping kids to stay here with us, and to lead healthy, safe, and successful lives.

Were you not able to make it to Give a Night Save a Life this month, or did you attend and have so much fun you wish you could go again? Well good news!

Save the date for Saturday, November 22, but this time we'll see you in the morning, from 9 - 11 a.m. 🌞 We'll send you an invite soon! It takes the whole valley to light the way to save a life.



Thank you to our sponsors! Please support these local businesses the next time you have the chance to.

Pathways to Employment Success

Support the next generation of leaders!



Pathways to Employment Success, or Pathways, provides youth with opportunities to explore future career pathways as well as practice crucial skills needed to seek employment through.

We do this through offering workshops, worksite tours, scholarships, and industry talks. For all of these opportunities, we partner with local businesses and professionals that are experts in their fields. How will you help support the next generation of leaders?

[Learn more about Pathways](#)

[Contact us](#)

Some Useful Resources for Today

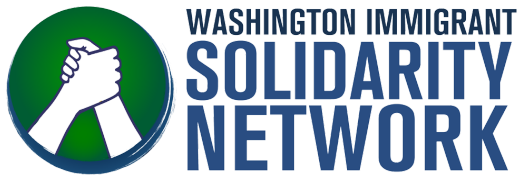


King County Library System
NextStep events (formerly known as Life After High School), provide teens and adults the information they need to plan for the future. Register for workshops [here](#). Options available in Spanish.



The Hopelink Mobile Market

distributes food, and everything is free! Access a wide selection of fresh produce, dairy, and breads, as well as frozen foods, and more to choose from. Mobile Market clients can shop two (2) times per month and must be enrolled.



From Hotlines to Resource Finders and the Fair Fight Bond, **WAISN** is a fantastic way to find support for immigrant and refugee neighbors.

What resources or work should we share in the next newsletter?

Please contact Communication and Engagement Coordinator Maddy Horn at maddy@empoweryouthnetwork.org.

About Empower Youth Network

Empower Youth Network's mission is to promote and inspire youth to lead safe, healthy, and successful lives. The Network helps build, support, and coordinate community leadership to promote health and wellness through effective strategies to make the Snoqualmie Valley a place where all residents thrive.

Check out our [website](#) to learn more.

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