

June 2025 Newsletter



Rise and Shine Recap



THANK YOU for celebrating the 28th Annual Rise and Shine with us last week! Over 100 people joined us bright and early for this event. It was so nice (and fun) to gather together as one big community to showcase and honor all of the amazing volunteer work going on across the valley. You can read more about the event, view the list of this year's award winners, and access our photos from Rise and Shine below.

[Read More About Rise and Shine](#)



Heart of the Valley Gala Recap





THANK YOU for attending the Heart of the Valley Gala!

We said that the Heart of the Valley Gala would be a night to remember, and our wonderful guests certainly made that so! Your generosity, energy, and presence at this event are beyond appreciated by Empower Youth Network. Thanks to you, we raised over \$260,000. These funds are lifesaving, and will help keep our youth, families, and friends all across Snoqualmie Valley safe, healthy, and successful.

Save the date for May 16, 2026 when we will get to do it all again!



Photos above by **Last Lite Photography**. Thank you, Travis!

Mentoring 2024-25 Appreciation



Youth Success Mentors are consistent, positive role models who provide support, guidance, and friendship to students in the Riverview & Snoqualmie Valley School Districts. 166 mentees and 144 mentors met over 5,000 times in 2024 alone.

YOU can help more youth continue to thrive—and it's easier than you think! There are students out there who need you. Can you spend one hour a week over the 2025-26 school year playing games, having fun, and connecting with a student? A simple conversation and listening ear offer more support than you can imagine. Join this brilliant, caring crew of mentors. Reach out to us to learn more or apply on our website below.

[Email the Youth Success Mentoring Team](#)

[Apply to be a Mentor Now](#)

Weekend Power Pack Update



Thank you for supporting Weekend Power Packs, which provide supplemental food to youth in the Riverview School District who may face food scarcity/insecurity over the weekends.



Many thanks to the volunteers from Redemption Church who packed over 300 Weekend Power Packs for us in April! If your organization is interested in participating in a packing party, please email us below.

We would also like to give a huge thank you to everyone who has donated via our Amazon Wish List. Your purchases help us to provide weekend supplemental food for youth experiencing food insecurity. If you would like to purchase items on our Wish List, you can do so below. Thank you for your continued support!

Contact Us

Free Upcoming Youth Events

Printmaking Workshop

*Free event for middle and
high schoolers!*

Tuesday, July 8
12 - 1:30 p.m.

*North Bend Art &
Industry Makerspace*



[Register Here](#)

BBQ & Yard Games

*Free event for youth and
families!*

Wednesday,
July 16
5 - 6:30 p.m.

Tolt Commons



[Register Here](#)

Pizza Making

Free event for middle and high schoolers!

Wednesday,
August 6
11:30 a.m. - 1 p.m.

Carnation Farms



[Register Here](#)

Yoga in the Park for Everyone

Yoga in the Park

Free sessions for the whole community!

Thursdays
at 10:30 a.m. on
June 19 & 26 and
July 17 and 24

Tolt Commons



Thanks to:

Enliven^{here}
yoga & meditation

[Register Here](#)

Save the Date for Key Leaders' Summit



Save the date!

This year's Key Leaders' Summit will be on Monday, August 11 from 9 a.m. - 12 p.m. at Snoqualmie Valley Alliance Church in Fall City.

More info coming soon.

Some Useful Resources for Today



In partnership with Lambert House, the KCLS Rainbow Social Group is open to those who identify as LGBTQIA+ and for youth who may be questioning or exploring their gender or sexual identities.

Upcoming events.



SUN Bucks, also known as Summer EBT, is a program that helps families buy food for their school-aged children during the summer. Families will get a one-time \$120 benefit per year for each eligible child to help buy groceries during the summer months. [Learn more.](#)

\$983,000	118
Disbursed to Date	Recipients Funded

Fair Fight Bond Fund gives immigrants across Washington a fighting chance. They provide the bond money that allows detained immigrants to go back to their lives and families while they build a case to gain status.

What resources or work should we share in the next newsletter?

Please contact Communication and Engagement Coordinator Maddy Horn at maddy@empoweryouthnetwork.org.

About Empower Youth Network

Empower Youth Network's mission is to promote and inspire youth to lead safe, healthy, and successful lives. The Network helps build, support, and coordinate community leadership to promote health and wellness through effective strategies to make the Snoqualmie Valley a place where all residents thrive.

Check out our [website](#) to learn more.

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