Thank you to the Snoqualmie Tribe

EYN was honored to welcome members of the Snoqualmie Tribal Council to our office on Friday, June 23. The visit included dialogue about our work in prevention as well as a presentation of a grant award by the tribe. We are grateful for their continued partnership in our work!

We were thrilled to see so many from our community on Tuesday, June 6 at the Rise & Shine Volunteer Recognition Breakfast. This annual event highlights outstanding volunteers and youth scholarship awards. View award slide show here!
Yoga On the Lawn

a weekly summer series for the whole community
Ages 13+ & All Levels Welcome

Every Thursday, 10am @

Aroma Coffee Co.
33429 Redmond-Fall City Rd SE,
Fall City, WA 98024

July 6 - August 31 - 9 Summer Sessions!

Sno-Valley Youth: Free | Adults: $10

Questions: amy@enlivenhere.yoga
Cash | Venmo @enlivenhere
Stigma is often associated with asking for and receiving help for a variety of reasons. Yet we all need support from time to time with things like food security, mental health, relationship struggles, financial challenges, or substance use.

Needing Help is Human is a community awareness campaign designed to provide tools and resources for talking about our mental health and unpacking the complex factors that create stigma. When we create a culture of support and openness around mental health, adults and kids alike will gain better access to the things they need to thrive.

Follow Empower Youth Network on Facebook and Instagram for campaign updates, see the resource list at our website, and help normalize conversations around mental health in our community.
Join our team!

Want to make a difference in the lives of our youth? We are hiring! The Youth Engagement Coordinator will work with EYN staff and community partners to create, coordinate, and facilitate a variety of prosocial youth engagement opportunities/activities throughout the year.

For full details of job and application information, click below: https://www.dropbox.com/s/ywkb3j3nm0jikxy/Youth%20Engagement%20Coordinator%20Final%206%2013%202023.pdf?dl=0

EYN is partnering with KCLS Duvall, Carnation, and North Bend Libraries to host teen activities.

Make plans to join any or all of the events where we will discuss what you’ve been interested in reading, listening to, or watching lately! You’ll have opportunities to talk with others who share likeminded interests, eat delicious food, work on small art activities, and escape the heat in air-conditioned rooms.

Mark your calendar for our end of summer celebration at the Si View Community Center park where there will food and lots of outdoor games on August 16.

We would love to see you there!

---

Join us & share your latest read, series, podcast, webcomic, music choice or whatever interests you!

Empower Youth, Si View Parks and King County Library System have teamed up for a summer of activities, treats, and time to chat about reading and other cool things!

For Ages 11-18
Empower Youth Network is working collaboratively with King County Libraries this summer to offer an interactive reading and art summer program. We will host weekly sessions beginning Thursday, July 6 from 5 – 6 p.m. at the Duvall Library. See flyers for further details. We hope to see you there!
Key Leaders Summit 2023
The Power of Belonging

Monday
August 14, 2023
9 a.m.- Noon
(optional lunch will follow)

SVA Church
36017 SE Fish Hatchery Road
Fall City

WHAT IS THE KEY LEADERS SUMMIT?

The KEY LEADERS SUMMIT is a great opportunity for Snoqualmie Valley leaders to network and engage in relevant community conversations, collaborations, and actions! Your voice and expertise is needed at the table!

WHO IS INVITED?

The KEY LEADERS SUMMIT is a facilitated community leaders event to address issues influencing the overall health and well-being of those living in the Snoqualmie Valley.

A leader is anyone who is interested in participating.

Visit www.EmpowerYouthNetwork.org or scan code below to register for this free event:

Visit www.EmpowerYouthNetwork.org or scan code below to register for this free event:

Hope to see you there!
To facilitate the discussion, Empower Youth Network will host its second half-day retreat on September 22, 2023. Join fellow providers, school counselors, administrators, community members, etc., as we discuss these topics and the impact it has on our community and those who serve it. Full agenda and registration details coming soon. Contact Christine Miles, christine@empoweryouthnetwork.org with any questions.

**SAVE THE DATE**

**Behavioral Health Collaborative Retreat**

**09/22/23**

**8:00 A.M. - 12:00 P.M.**

**Saturday, July 15**

**North Bend Downtown Block Party**

**Saturday, August 19**

**Snoqualmie Days**

Visit us at local upcoming Summer festivals

We can't wait to see you! We'll have games for youth and free giveaways.

**Visit us at local upcoming Summer festivals**

**Save the date!**

**Behavioral Health Collaborative Retreat**

**BEHAVIORAL HEALTH COLLABORATIVE**

Empower Youth Network will be hosting its second half-day retreat to discuss behavioral health needs in the valley – join us in identifying gaps in services and the impact it has on the community and providers. Consider contributing your knowledge and experience to this interactive discussion.

To facilitate the discussion, Empower Youth Network will host its second half-day retreat on September 22, 2023. Join fellow providers, school counselors, administrators, community members, etc., as we discuss these topics and the impact it has on our community and those who serve it. Full agenda and registration details coming soon. Contact Christine Miles, christine@empoweryouthnetwork.org with any questions.
MENTORS NEEDED
IN RIVERVIEW & SNOQUALMIE VALLEY SCHOOL DISTRICT FOR STUDENTS K-12
2023-23 SCHOOL YEAR
Can You Spend less than an Hour to Empower a Student?

**MEET WITH A STUDENT ONCE A WEEK**

**PLAY GAMES AND DO ACTIVITIES THAT INTERESTS THE STUDENT**

**BE ANOTHER ADULT TO SUPPORT THE STUDENT**

**MEET ONE TO ONE, IN PERSON, DURING SCHOOL, EVERY WEEK**

email: BeAMentor@EmpowerYouthNetwork.org