As we came out of the twists and turns of 2020, our staff came together with a focus on HOPE. We changed our name from the Snoqualmie Valley Community Network to a name that better reflects our mission: Empower Youth Network. We are excited for our future and inspired to help our youth carry that focus of hope with them throughout their entire lives.

The Care Team connects families to resources and compassionately guides them through the process, fosters continued relationships with youth and families to understand barriers and improve access to resources, and provides prompt support at times of stress and crisis.

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YOUTH PROGRAMS

Youth Success! Mentoring
Mentors are consistent positive role models who provide support, guidance, and friendship to students in the Riverview & Snoqualmie Valley Schools.

Youth Suicide Prevention
We provide youth with key skills to help themselves or peers who may be in need through our How to Help a Friend suicide prevention training for Middle School and High School students. #BeKindSV supports positive school climate by introducing, modeling, and reinforcing inclusion and kindness for elementary school students. Youth Mental Health First Aid is designed for adults who regularly interact with young people and teaches them how to help an adolescent who is experiencing a mental health challenge.

Pathways to Employment Success
This program provides youth with opportunities to explore future career pathways as well as practice crucial skills needed to seek employment.

Weekend Power Packs
Weekend Power Packs provide supplemental food to local youth who face food scarcity over the weekends.

Youth Leadership
Through leadership opportunities and ongoing training, the Empower Youth Network is passionate about empowering teens to influence their peers and schools; these include Be the Change Youth Summit, Youth Council, and Scholarships.

CARE Team
The Care Team connects families to resources and compassionately guides them through the process, fosters continued relationships with youth and families to understand barriers and improve access to resources, and provides prompt support at times of stress and crisis.

OUR VISION
Building Better Futures for Youth

OUR MISSION
Promoting and inspiring youth to lead safe, healthy, and successful lives.

OUR VALUES
Youth play a central role in our community.
Families that are supported are essential to ensuring safe, healthy, and successful youth.
Community has a vital role in raising safe, healthy, and successful youth.

2021 ANNUAL REPORT

Hope
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THE CARE TEAM

Empower Youth Network.

77 students had mentors in 2021.

1514 students, 30 ambassadors, & 83 businesses engaged in Suicide Prevention.

Over 1800 students practiced, learned, & explored different paths to employment success.

Over 10,000 meals provided per year.

234 youth engaged in leadership opportunities.

163 families were supported.
Back in middle school, one of my friends was struggling a lot with depression and things like that. I had no idea how to help them. I had no idea what they were going through. These programs that have been offered have really been able to help me understand a little more, what they’re going through. I feel that’s really helped me make sure they’re okay."

-Dylan Carneras, Cedarcrest HS teen

"One thing that sticks out to me is the mentor program. Because trusted adults are very important, and having someone there to talk to is the most important step in getting help. Because if you don’t have someone you can trust to talk to, then you’re in it on your own. That’s not a place that anyone should have to deal with. I think having that person to look up to and talk to is very important."

-Lauren Kreme, Mount Si HS teen

2021 YOUTH BOARD MEMBERS

Tenney, Mike Pusch, Molly Lutz, RJ Monihan, Joe Weil, Alison Yoshino, Brian Ferguson, Alicia Messa, Allison Elizadephy, Morgan Williams, Allison Smith, Christian Yeo, Lauren Kreme, Laurenteen.

Secretary, Julie Domon

President, Warren Moon

Past President, Ryan White

2021 BOARD OF DIRECTORS

Alicia Messa, Allison Elizadephy, Brian Ferguson, Tenney, Mike Pusch, Molly Lutz, RJ Monihan, Joe Weil, Alison Yoshino, Brian Ferguson, Alicia Messa, Allison Elizadephy, Morgan Williams, Allison Smith, Christian Yeo, Lauren Kreme, Laurenteen.

2021 FINANCIALS

Total Support & Revenue $1,136,472

Support & Revenue

Corporate and Foundation Grants $351,391

Government Grants $643,989

Fundraising Event Income $141,092

Total Expenses $845,702

Expenses

Programs 85%

Management 10%

Fund Development 5%

% of expenses

Footnotes

*Figures agree with the 990 financial report for the fiscal year 2021.

www.empoweryouthnetwork.org

A Conversation with Teens

Scan the QR code to watch the video.