Match Closure: Preparing to say goodbye

How a relationship ends is just as important as how it begins whether it is just for the summer or for good.

4 Phases of Mentor Relationship

The final stage of a mentoring relationship is a vital part of the process and provides an opportunity for participants to look at the benefits of the relationship.

For mentees, particularly at-risk youth, may have had relationships in their life end abruptly and unplanned especially when experiencing a loss of a loved one, incarceration of a parent, uncertainty of a home that is struggling with alcohol or drugs. These children have had to deal with a rocky history of unexpected changes in relationships. You can offer a youth stability and a sense of security by ending a mentoring relationship with a planned gradual process whether it is just for the summer or completely.

As the end is near begin to reflect on all the amazing changes and growth. Do a fun activity on your second to last meeting and on your last meeting say your goodbyes being very clear on future interactions. If the match will resume in the fall talk about summer plans and what you can both share when you return as this will give your mentee HOPE!

We hope you will return with your match next year to continue the amazing work that you have started. You are truly helping a child feel they are special and that they matter.

We so appreciate each and every one of you being on the YSM team. We look forward to working with you to build better futures and strength our valley community.

Thank you for all you do,
Heather and Kathy

Empower Youth Network offers a variety of classes and events to the community. Check out the events page on the EYN website. https://empoweryouthnetwork.org/events-calendar/
Mentor Summer Challenge

Over the summer take a picture of you wearing your mentoring shirt doing something fun that you are ok with us sharing.

Join us in continuing to support our Snoqualmie Valley Youth by being a mentor & sharing with other potential mentors.

Email pictures to Heather@empoweryouthnetwork.org

Reminder!

You will not meet with your mentee over the summer.

An option to stay connected is writing/emailing to each other over the summer. Talk to your mentee about this option. They may agree and then may or may not write back but, know that you writing to them is a powerful way to let them know that you care and are thinking about them.

All communication must be through YSM

Mail small envelopes to YSM PO BOX 910 Carnation WA 98014 or email letters to us