Please Register!

Heart of the Valley Gala 2021
Wanderlust Edition!
A virtual adventure supporting kids and families

February 27, 2021
6:00 pm

The Heart of the Valley Gala is our biggest fundraiser of the year! This event financially supports our mission to promote and inspire youth to lead safe, healthy and successful lives.

Let us know you will be watching!

Register Here!

If you are interested in being a table captain, email jami@svcn.info

Get Inspired!

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BECOME A MENTOR AND CHANGE A LIFE
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OUR BRAIN, MIND & BODY

Once you have traveled, the voyage never ends, but is played out over and over again in the quietest chambers. The mind can never break off from the journey.

Pat Conroy
How can you bring joy and hope to a student?

45 minutes a week with a student can bring so much joy, hope, peace, and even light into their lives (and ours). All sessions are currently virtual.

Become a mentor and make give the gift of youth Hope in 2021. Beamentor@svcn.info

Trivia Night! January 28 7:00 pm

Join us for an evening of Trivia! This is a game of racing to guess the answer to random, but fascinating questions. We'll also just hangout and have some fun. Invite your friends! Teens only.

No advanced skill or previous knowledge is required. The only thing you need is a computer with Wi-Fi access, and a cell phone into which you'll enter your answers.

Mark your calendar for more online teen nights with us on the second and fourth Tuesdays of February and March. Pictionary: Feb 9 and 23, and Story Cubes: March 9 and 23!

To register, click Here

Register Now for the Resilience Rising Conference
March 17, 2021
8:00 am - 4:00 pm
Virtual Conference on Zoom

Click Here to Register
"Nurturing yourself is not selfish - it's essential to your survival and your well-being."
- Renee Patterson Trudeau

The Snoqualmie Valley Community Network is hosting a workshop on how our mind and body respond to stress. Learn how to regulate your mind and body through breathing, mindful meditation, and connection practices to bring you back to a sense of wholeness and peace.

How our Mind & Body Process Stress
A workshop for adults

This workshop is being offered on two separate dates:
Thu, 2/4 and Thu, 2/18
from 6:30-8:00PM
Please choose the date you wish to attend and the corresponding registration link.

Click Here to Register for Thur, 2/4
Click Here to Register for Thur, 2/16