

Healthy Community Coalition

MEETING MINUTES

Thursday, December 10 2020

IMPORTANT: We will be moving the HCC meetings from every Thursday to the 2nd and 4th Thursdays of the month

NEXT MEETING: **Thursday January 14 at 11am via Zoom**

FACILITATOR: Sarah Marsh

NOTE TAKER: Lisa Hart

Featured Provider for January 2022

Thu 1/14: Jody Meisel with A Supportive Community for All

Thu 1/28: Chris Lovings with Eastside Legal Assistance Program

AGENDA

- Announcement from WA State Department of Health
- Provider Updates and Critical Needs
- Updates from Councilmember Kathy Lambert
- Featured Provider: **Seattle YMCA (Snoqualmie Branch)**, Stephanie Norton-Bredl (Branch Executive)
snortonbredl@seattleyymca.org
- Attendance

The Washington State Department of Health is bringing together experts from across the state to answer key questions about the COVID-19 vaccine. We will not be taking questions during the event, so participants should be sure to submit questions for panelists when they register for the event! We have had so much interest in these panels that we are already planning on making this a series. Any questions not addressed during the December panels may come up in future panels—stay tuned for a schedule of panels in 2021!

We will have separate events for English and Spanish audiences, see corresponding registration links below. Both events will be recorded and we will share that link with our partners and anyone who registers. ASL interpretation is included for both.

ENGLISH EVENT: [Making Sense of Vaccines During COVID-19](#); December 15, 5:00-6:00 PM

You can help promote the event by sharing these ads: [Facebook](#), [Instagram](#)

SPANISH EVENT: [Vacunas contra el COVID: Verdades, mitos y preguntas](#); December 17, 6:00-7:00 PM

You can help promote the event by sharing these ads: [Facebook](#), [Instagram](#)

PROVIDER UPDATES AND CRITICAL NEEDS

Heart Nature Giving

Dawn Behm

Developing a program for Teen Voices—writing their stories, creating a mini book, anthology and events for them to be heard. Seeking connections and groups that would like to be in the loop, or a few teens that would like to demo it for review. <https://forms.gle/hv1BW6ofKVcSH15y8>

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Snoqualmie YMCA

Melinda Burns

- <https://www.eventbrite.com/e/supporting-parents-and-guardians-through-virtual-times-tickets-130273801447>
- <https://www.eventbrite.com/e/supporting-teachers-and-school-staff-through-virtual-times-tickets-129351402527>

Trail Youth

- Had to close doors
- Still roasting coffee every day
- Internships with schools
- Volunteer program, barista, podcast, marketing program
- Shorten shifts for kids

Snoqualmie Valley Shelter Services

Jennifer Kirk

- Shifting to 24/7/365 model
- Staff of 16 from 4
- Looking to hire full time housing manager – find someone that is bilingual and Spanish
- Snoqualmie Methodist Congregate
- Still working on getting into the shelter easier – making the process as easiest as folks
- Providing food and shelter, but no longer can provide food to the community
- Providing a large amount of motel vouchers – keep these in the Valley – allows us to provide wrap-around services

Friends of Youth

Christina Campos

- Large increase in referrals
- Budget cuts as well recently
- We will accept new clients and will find the best place for them
- Medicaid clients – little extra support – can set up into our groups
- Providing some parenting support groups through SVSD
- Counselor chat flyer in the chat
- Join Friends of Youth counselors in a monthly virtual interactive conversation about various mental health and substance use concerns. These events are free to all! We welcome your questions and are here to provide support. Use the links below to register for our upcoming chats:
- Mental Health and the Holidays - Wednesday, December 16th 5-6pm
<https://zoom.us/meeting/register/tJEqdOChrZlpHtE9AXz7EvpVB3dHijf7hMn8>
- Managing Motivation – Friday, January 15th 10-11am
<https://zoom.us/meeting/register/tJUlfu6pqT0vHtz31DPW3N5oE4xJTXUWSXSB>
- Conflict Resolution - Thursday, February 11th 1-2pm
<https://zoom.us/meeting/register/tJMpdEhrzsjGNdPAsH07-Qal6vbqBLhq332>

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Snoqualmie Valley Transit

Amy Biggs

- We are delivering food to foodbanks and seniors
- Roadway project on highway 203, using door to door to get people connected to where they want to go
- Sno Advocacy team – Help county officials understand how human services work in the Valley. What we do and how we do it.
- Email Amy if you would like to hear more about it.
- SV Local Advocacy Team is getting together about every other month. We are putting together a primer of sorts for elected officials to help them understand how human services work in the valley. We are all thrifty nimble and strategic in what we do and it's a great partnership to have with the cities. We need to let councilmembers in the valley cities understand us better. For more info and to get in on this, shoot me an email to abiggs@svtbus.org
- Send flyers for your services to me at abiggs@svtbus.org. They work best when they can be read from at least 8 feet away (tiny fonts not encouraged). We can post a max of three at a time on the buses so this is first come, first service

Hopelink Foodbank

Allana Nath

- So much food – families are going home with up to 8 packs of meet
- Increase in volunteers – willing to do home deliver
- Grocery rescue up and running
- We are equipped to distribute food

Community Van

Victor Londono

- Community Van has built a fantastic partnership with the Duvall and Carnation food banks to deliver food to families each month. We know there's more demand for the service, but we're challenged by a shortage of volunteers. For more information visit our website, or contact Victor for questions or to get started 425-943-6721 or communityvan@hopelink.org follow us on Facebook and Instagram

KCLS

Lindsay

- Printing services – North Bend branch
- <https://kcls.org/news/print-from-your-device-pick-up-at-the-library/>
- The maximum print job is 10 black and white pages or 3 color pages per week.

Brooke – Fall City and Sammamish

- Planning on opening up libraries – will be pushed back and may not happen in January as expected

Eastside Legal Assistance Program

Chris Lovings

- Legal clinics ending for the year – opening back up in January 2021
- What are some topics you are interested in knowing more about?
- Tenant Rights
- Covid scams
- Webinars - www.elap.org/webinars | Let Chris Lovings know about future legal topics that you want more info around - chris@elap.org

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- ELAP : Webinar: Supporting Survivors at the Intersection of Immigration & Child Welfare Webinar
- https://us02web.zoom.us/webinar/register/WN_0QBORXXTN65uoGvcp4hlw
- Wed Dec 16th at Noon PT
- Petition to Extend Eviction Moratorium through March 21st
<https://bit.ly/extendmoratoriumMarch21>

UPDATES FROM COUNCILMEMBER KATHY LAMBERT

Kathy Lambert Updates

- Mental Health and Day care – day care is so needed
- RVSD meeting – mental health department – there is not enough social services in the Valley and wants to work with the RVSD
- Report on the Best Starts for Kids – make the report with zip codes so we can see where the money is going county wide. – Unfortunately the zip codes were not included. Provided a map and did show the Valley needs more social services
- CORES Funding is important – to make sure people’s mental health is taking care of
- Domestic violence up %25 percent
- Child sexual abuse is up as well – we will be gearing up for in anticipation of children’s needs

BSK Funding – 2015 King County Voters Funding

- Set aside money to improve outcome for youth
- BSK funding in the Valley
- Trail Youth is funded by BSK
- Kinship Program – BSK funding
- Will go back to voters in November 2021 – want to do this again

FEATURED PROVIDER

Snoqualmie Valley YMCA Provider

- Update on the 2019 Membership and Program Participant Statistics
- Youth Program Highlights
- Adult/Senior Program Highlights
- Teen Program Highlights
- Social Responsibility Highlights
- Community Engagement
- Community Response 2020

Q & A

Mental Health Resources Available

- We serve no matter what their age is
- All insurances and Medicaid, use sliding scales
- Getting set up with intake
- Social impact center

Shower Program

- Do not need to call or make a reservation
- Dates available constantly changing b/c covid situation changing
- Mon/Wed 11:30-2:30 and need a photo id to do a background check
- Toiletries available, snacks and sometimes meals

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- Few towels – take with them – no towel cleaning service

ATTENDANCE

1. Lisa Hart, Snoqualmie Valley Community Network, Lisa@svcn.info
2. Sarah Marsh, Snoqualmie Valley Community Network, Sarah@svcn.info
3. Jerry Blackburn, Influence the Choice, Jerry@influencethechoice.org
4. Christina Campos, Friends of Youth, Program Manager for Mental Health, christinac@friendsofyouth.org
5. Stephanie Norton-Bredl, Branch Ex, Snoqualmie Valley YMCA, snortonbredl@seattleyymca.org
6. Haley Cohen, A Supportive Community For All, Haley@asupportivecommunityforall.org
7. Brad Knowles, RSD School Safety Officer and Head Coach for Girls Basketball Team, knowlesb@rsd407.org
8. Crystal Werner, Trail Youth Coffee Home, Outreach Coordinator, crystal@thetrailyouth.org
9. David Moore, Snoqualmie Valley Rotary Club, www.snoqualmievalleyrotary.org;
davidseldonmoore@comcast.net
10. Lindsay Ellsworth, Teen Librarian, lellsworth@kcls.org
11. M'Liss Moon, Snoqualmie Valley Community Network, MLiss@svcn.info
12. Matt Larson, Mayor of Snoqualmie,
13. Sandra Sinanan, Parent & Family Engagement Coordinator, Sandra.sinanan@encompassnw.org
14. Valerie Stewart, Sound Generations, **Snoqualmie Valley Senior Center**, Valeries@soundgenerations.org
15. Yareli Ruiz, Family Connection Coordinator (Bilingual), yareli@svcn.info
16. Jennifer Kirk ED of Snoqualmie Valley Shelter Services. jenniferk@svshelterservices.org
17. Laura Lewis, FRC, CHERISH and Kinship support. laura.lewis@encompassnw.org
18. Victor Londono, Community Transportation Coordinator- Community Van Program with Hopelink;
vlondonoquintero@hopelink.org
19. Melinda Burns, Sammamish YMCA, MACP, LMHCA. Mental Health Therapist Y Social Impact Center Outpatient
Mental Health Services, mburns@seattleyymca.org
20. Aleks Posielski, Councilmember Lambert's office, aleks.posielski@kingcounty.gov
21. Lindsey McFerran, Two Rivers SW and Snoqualmie MS therapist, Friends of Youth School Based Therapist, Email:
lindsey@friendsofyouth.org
22. Jody Miesel, A Supportive Community For All, jody@asupportivecommunityforall.org
23. Brooke Shoostine, KCLS,
24. Nicole Hpelink – Resource Coordinator
25. Andrea Skerry, Crisis Intervention Specialist from CCORS-TRACE . askerry@seattleyymca.org
26. Amy Biggs, Snoqualmie Valley Transit abiggs@svtbus.org
27. Chris Lovings, Community Engagement Manager, ELAP, chris@elap.org
28. Allan Nath, Hopelink, New Food Bank Supervisor, ANath@hopeline.org
29. Dawn Behm, heartnaturegiving@gmail.com, Commissioner in Duvall Cultural Commission,
dawn.behm@duvallwa.gov
30. Kathy Lambert, Kathy.lambert@kingcounty.gov