

Healthy Community Coalition

Meeting Notes

Thursday, August 13, 2020

IMPORTANT: We will be moving the HCC meetings from every Thursday to the 2nd and 4th Thursdays of the month

NEXT MEETING: Thursday, August 27 at 11am via Zoom

FACILITATOR: Laura Smith

NOTE TAKER: Lisa Hart

TODAY’S AGENDA

PROVIDER UPDATES

WHERE ARE THE GAPS IN BEHAVIORAL HEALTH SUPPORTS IN/AROUND THE VALLEY?

PROVIDER UPDATES

Hopelink

Allana Nath Food Bank Supervisor: anath@hopelink.org

- Provided update on food distribution
- Do we need to do more outreach? If so, please contact Allana Nath

Hopelink provides free backpacks, pens, paper and other basic school supplies through our Kids Need School Supplies program. **NO APPOINTMENT NEEDED!**

TO QUALIFY

- Kids entering grades K-12
- Attending school within Lake Washington, Riverview, Skykomish or Snoqualmie Valley School Districts
- Meet the household income criteria

INCOME GUIDELINES 2020

Household Size (Parents & Children)	2	3	4	5	6	7	8
Maximum Monthly Gross Income	\$5,747	\$7,240	\$8,733	\$10,277	\$11,720	\$13,213	\$14,707

WHERE TO COLLECT YOUR SUPPLIES

Kirkland Center: 425.889.7880	Redmond Center: 425.869.6000	Sno-Valley Center: 425.333.4163
Aug. 24, 2020: 2 - 6 p.m.	Aug. 24, 2020: 2 - 6 p.m.	Aug. 25, 2020: 12 - 4 p.m.
Aug. 28, 2020: 11 a.m. to 3 p.m.	Aug. 28, 2020: 11 a.m. to 3 p.m.	Aug. 26, 2020: 3 - 7 p.m.
Aug. 31, 2020: 11 a.m. to 3 p.m.		Aug. 27, 2020: 10 a.m. to 2 p.m.

hopelink QUESTIONS? Please email Schooolsupplies@hopelink.org

KIDS NEED SCHOOL SUPPLIES

Hopelink

Haley Cohen

- Stability Resource Specialist (Energy and Financial Assistance) - hcohen@hopelink.org
- Energy appointments for the season have closed
- Cannot process any more energy appointment and will reopen in October
- Drop off packets available –
- Over budget for financial assistance – we are out of funds until Aug. 26

Eastside Legal Assistance Program

Chris Lovings: Community Engagement Manager, chris@elap.org | ELAP Helpline: 425.747.7274 - 425.620.2778 (Spa) | www.elap.org/webinars

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- Webinar on Public Charge and DACA - 8.13.20 3 PM <https://us02web.zoom.us/meeting/register/tZAvd-GupzkvE9BfTvktpfkY3sZPaHArhAv>
- Spanish Webinar on Public Charge and DACA - 8.20.20 3 PM <https://us02web.zoom.us/meeting/register/tZ0sf-yuqz8rHNEFxx-mQY3rH9i2-kC8fSs3>
- Will also be streaming live on FB - www.facebook.com/EastsideLegalAssistanceProgram
- The South Asian Bar Association of WA and Middle Eastern Legal Association of WA, along with the Northwest Justice Project is having a Tenant Rights Webinar next Wed. Aug. 19th from 6:30 - 7:30 PM. Come with any questions around tenant rights and the moratorium. Registration Link: https://docs.google.com/forms/d/1DCLm_ovjozDjYTHAy0eDDjLMEiDrF_Cpz63Av_Hu6A/viewform?edit_request=true
- Contact Email for this webinar:
- E. Rania Rampersad, Esq. - rania.rampersad@gmail.com

Friends of Youth

Christina Campos

- Tue 8/18 at noon building healthy relationships webinar
- Mental health therapists are taking clients through telehealth and some in person appointments
- christinac@friendsofyouth.org
- You can see our counselor chat flyer on the Friends of Youth: <https://www.facebook.com/friendsofyouth/photos/a.459932532747/10158620967632748/?type=3&theater>

Lauren Kula

- Friends of Youth is also taking youth clients (12-24) with substance use disorders for outpatient counseling - reach out to me if you have any questions! laurenk@friendsofyouth.org

Snoqualmie Valley Community Network

Maren Van Nostrand

SVCN Youth Resilience & Community Resource Coordinator for RVSD): Maren@svcn.info

- Hope video project Riverview Resiliency Team
- If you would like to contribute a message of hope in form of video or poem email Maren for details

Sarah Marsh

SVCN Youth Resilience & Community Resource Coordinator for SVSD): Sarah@svcn.info

- Community Health Access Program (CHAP)
- CHAP is a telephone assistance program serving King County residents by connecting them to health insurance, health care services and other resources. CHAP services are free and confidential. Call us today for help at 1-800-756-5437 or email us at: chap@kingcounty.gov
- <https://kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/community-health-access-program.aspx>
- WA Dept of Health forecast for Behavioral Health: <https://content.govdelivery.com/accounts/WADOH/bulletins/2926450>

Lisa Hart

Trauma Informed Care Trainer and Facilitator for the Racial Equity Collaborative: Lisa@svcn.info

- Provide Trauma Informed Care Training to community organizations as well as Middle School educators and parents.
- First training will be on Friday 8/21 at 1:00-2:30 to SVSD staff
- Racial Equity Collaborative first meeting will be Tuesday 8/25 1:00-2:30 via Zoom. Link to register is: <https://www.eventbrite.com/e/racial-equity-collaborative-tickets-116331950997>

Encompass

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Sam Sinanan

- Adaptations from virtual to outdoor meetups to provide parents with social interactions with children their age
- Encompass is hiring a halftime Facilities Coordinator, details on website: <https://www.encompassnw.org/get-involved/employment/>

Seattle YMCA

Alyson Paris

- Any interest in starting a behavioral collaborative in the Valley?
- The branches start opening on the 17th
- TRACE Program: aparis@seattleyymca.org

Snoqualmie Valley Shelter Services

Jennifer Kirk (Ex Director): jenniferk@svshelterservices.org

- Provided an update on the massive rise in mental health – extreme cases – due to covid
- Level of depression in kids is a lot higher than media is reporting on concerning as we head into second wave of covid

Seattle King County Public Health, WIC and Parent Child Health Programs

MaiKia Moua (Maternity Support Services and Infant Case Management):

Hanh Tran (Community Health Worker)

- Community Health Access Program (CHAP): <https://kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/community-health-access-program.aspx>

Trail Youth Coffee Home

Brennon Lee (intern): Brennonjlee@gmail.com

- Trail Youth has their virtual fundraiser coming up this Monday the 17th at 6pm. Sign up for free on our website at trailyouth.com. Later today at 3:30pm we will be giving out free Italian sodas to teens at the skatepark on the Ridge. We also have Bombas socks for anyone who needs them.
- Sign up for the fundraiser at: <https://event.auctria.com/35cd4bbf-84cc-43b1-bf3e-fbbd87a353d4/c14c6600d68711ea965e1b103b5313f7>

Other Updates:

- a good contact for art as an outlet for better mental health may be Beth Burrows. she would likely be a good contact. She can be reached through the North Bend Theatre site at: <https://northbendtheatre.com/>
- KCLS program for Mobile Hotspots - Melissa Glenn - mnglenn@kcls.org