

Healthy Community Coalition

Meeting Minutes

Thursday May 21, 2020

NEXT MEETING: Thursday, 5/28 at 11am by ZOOM (meetings are now **weekly**)

Facilitator: Sarah Marsh

Notetaker: Lisa Hart

Meeting Minutes Include:

1. **PUBLIC HEALTH ALERT**
2. **ZOOM CHAT: LINKS TO RESOURCES and OTHER IMPORTANT MESSAGES**
3. **LOVE SNOQUALMIE VALLEY UPDATE**
4. **HELPNG HANDS – BACKPACK PROGRAM UPDATE**
5. **SNOQUALMIE SHELTER SERVICES - PROPOSAL**
6. **ATTENDANCE AND CONTACT INFORMATION**

PUBLIC HEALTH ALERT - AWARENESS

Erica Healy, Social Worker at Mount Si HS

- 18 year old from MSHS died of an overdose of pills laced with Fentanyl
- Statistics are showing increase in drug use/overdoses due to covidvirus – youth and adults feeling isolated, stressed, feel social isolated
- Warning: Do not accept pills from family or friends when you do not know where they have come from
- Warning: When you split the pill in half and share it, one person might die and the other does not. The person who died is often the person with Fentanyl in their half
- Blue pills with M30 mark
- One way to think about the dangers of the M30 pills laced with Fentanyl (only need a very small amount) Split a chocolate chip cookie, one half has 3 chocolate chips the other half has 10.
- Big push is AWARENESS!! How do we get this information out to kids, adults and parents?
- Good Samaritan Laws
- Call 911 immediately

Resources

- <https://kingcounty.gov/depts/health/overdose-prevention.aspx>
- <https://www.cdc.gov/drugoverdose/opioids/fentanyl.html>
- <https://www.kingcounty.gov/depts/health/~media/depts/health/overdose/documents/fentanyl-warning-parents-students.ashx>

Zoom Presentation

- Jerry Blackburn with Influence the Choice
- June 2nd 7-8:30 and is open to community and teens – anyone who wants to boost awareness

ZOOM CHAT: LINKS TO RESOURCES and OTHER IMPORTANT MESSAGES

- Here is the Department of Health overdose awareness flyers and video:
<https://kingcounty.gov/depts/health/overdose-prevention.aspx>
- From Carson Hornsby : Seattle Foundation COVID-19 Response Fund (Phase 2):
https://www.seattlefoundation.org/communityimpact/civicleadership/~link.aspx?_id=A29BAF3F7D324790ABD13DB3D22B478B&_z=z

From Carson Hornsby :

Here is the link directly to the application, which is also linked on the informational page I posted above:

https://seattlefoundation.smapply.org/prog/covid-19_response_fund/

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From CindyO : FOY Homeless Prevention Program could partner with Snoqualmie Valley Shelter Services as I will be able to take on new clients with the moratorium lifts again and I can work with those who pass a Vulnerability Screen and are NOT YET involved with HMIS.

- FOY Homelessness Prevention Program works with folks who are challenged, can pass a vulnerability screen, willing to work with a case-management model of service and are facing Imminent homelessness.

From Sarah Marsh, SVCN Check out the new King County dashboard for impacts from Covid-19:

- <https://www.kingcounty.gov/depts/health/covid-19/data/impacts.aspx>

From Steve McDonald

Just making sure everyone has awareness on NAMI for mental health support. Family support group every Monday (except holidays) at 7:00p. over zoom. Happy to answer any questions.

<https://nami-eastside.org/2020-mental-health-conference/>

- Wed May 6 at 12-1pm - Supporting our Community in Complex Times: Responding to the COVID-19 Crisis
- Wed May 13 at 2-3:30pm - Adverse Childhood Experiences (ACEs)
- Thursdays May 14, 21 & 28 at 4-5pm - Inward Journey through Meditation
- Sat May 16 at 10:15-11:45am -When Mental Health & Substance Use Collide: Co-Occurring Disorders in Adolescents & Young Adults
- Mon May 18 at 10-11:30am - Introduction to Internet & Video Game Addiction
- Tue May 19 at 7-8:30pm - Nonviolent Communication
- Wed May 27 at 12-1pm - Families in Recovery: Regaining Life Balance
- Fri May 29 at 2-3:30pm - Strength-based Treatment Options for Major Depression
- Tentative May 30 - Bipolar Disorder: From Diagnosis to Treatment
- Date TBD - What Causes Depression & Anxiety?

In addition to this special May programming to increase mental health awareness, be sure to check out our regularly scheduled programming including support groups and classes for peers and families. You will find something

- You will find something on the calendar almost every day of the month! All of our programming is currently online so the latest information can be found on our online offerings page:
- <https://nami-eastside.org/online-offerings/>

From Amy Biggs - SVT : Transit update: In response to the Covid-19 pandemic, Public Health – Seattle & King County in conjunction with King County Metro, developed and implemented Transportation for Pandemic Response (TPR). TPR allows authorized agencies to book trips for Access customers who are confirmed Covid-19 positive or presumed Covid-19 positive. To be clear, TPR is a separate service from regular Access Transportation.

To be eligible for TPR, agencies must meet all the following criteria:

- Be an agency (for-profit or nonprofit corporation as defined by Washington's Secretary of State) registered to do business in the State of Washington
- Administer life-sustaining medical treatments to individuals on an outpatient basis within King County. Such treatments shall include, but are not limited to, dialysis, chemotherapy, and Methadone maintenance treatment.
- Currently administer a life-sustaining medical treatment to one or more Access eligible individuals.
- To apply and learn more about TPR go to: <https://www.resea>

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LOVE SNOQUALMIE VALLEY UPDATE

Emily Ridout

- Mini Love Snoqualmie Valley in June, stationed in specific locations around the Valley - food drive, gift card drive, PPE, food for the 2 backpack programs
- In July or August do bigger Love Snoqualmie Valley event – depending where we are in reopening phase

HELPING HANDS UPDATE

Jon Wren

- Gearing up for the summer – discussing and planning for what that will look like
- How many backpacks will we need
- Multiple pick up sights around the Valley
- Want to make sure no one goes without food

SNOQUALMIE SHELTER SERVICES – PROPOSAL

Jennifer Kirk

- Need for a pilot program - Prevention Case Management System
- Hire a person (through shelter agency) to pilot program for one year with the hope this position would remain and grow
- This person would meet people/families where they are, be bilingual, help and meet with different non-profits, school district and help them access services
- People have a right to access services in their own community
- Key – have to be actively experiencing homelessness and have to be a resident of King County
- VI – Vulnerability Index – get everyone assessed – the higher the score the quicker they get into housing
- Jenn Carter with KCLS-We should think about partnering together – Redmond library has been doing something similar to this
- Sarah M – doing outreach with families is cumbersome – have to be proactive with the system to get families what they need
- Anna A – how can we meet people where they are – don't have transportation

ATTENDANCE

Snoqualmie Valley Community Network

Sarah Marsh (SVCN Youth Resilience & Community Resource Coordinator for SVSD): Sarah@svcn.info

Lisa Hart (Community Coordinator): Lisa@svcn.info

Karla Russell (Community Coordinator for Pathways to Employment Success and Be Kind Snoqualmie): Karla@svcn.info

Maren Van Nostrand (SVCN Youth Resilience & Community Resource Coordinator for SVSD): Maren@svcn.info

Church of Latter-Day Saints and NAMI (National Alliance on Mental Illness)

Steve McDonald:

Encompass

Diana Golovkin: diana.golovkin@encompassnw.org

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Friends of Youth

Jackie Sharp (Substance Use Prevention in the RVSD): Jackies@friendsofyouth.org

Cindy Obtinario (Homeless Prevention Program): cindy@friendsofyouth.org

Christina Campos (Mental Health Program Manager):

Lauren Kula (Program Manager for Substance Use Disorders):

Government and Local Officials

Mayor Kim Lisk (city of Carnation): Kim.Lisk@carnationwa.gov

Carson Hornsby (city of Snoqualmie)

Helping Hands and Life Community Church

Jon Wren: jon@lifesnoqualmie.org

Hopelink

Anna Austing (Case Manager): AAusting@hopelink.org

Lindsey Robinson (Hopelink Food): lrobinson@hopelink.org

Holy Innocents Church and Food Pantry (Duvall)

Carrie Harris (Outreach Coordinator): carrie@holynn.org

KCLS

Jenn Carter (Duvall, Carnation and Skykomish library): jecarter@kcls.org

Brooke Shoostine (Teen Librarian at Fall City library): bsshooostine@kcls.org

Riverview School District

Brad Knowles (RVSD School Safety Officer): knowlesb@rsd407.org

Jaren Ostercamp (Developmental Preschool teacher at Carnation ES): ostercampj@rsd407.org

Snoqualmie Fire Department and City of Snoqualmie

Jake Foust (City of Snoqualmie Fire Department/Health and Social Services): jfoust@snoqualmiewa.gov

Snoqualmie United Methodist Church

Lee Carney Hartman: pastorlee@snoqualmiumc.org

Snoqualmie Valley Alliance Church and Love Snoqualmie Valley

Emily Ridout: emily@svaonline.org

Snoqualmie Valley School District

Erica Healy (Social Worker and Youth Substance Use Prevention): healye@svsd410.org

Snoqualmie Valley Food Bank

Nikki Lloyd (Executive Director): director@snoqualmievalleyfoodbank.org

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Snoqualmie Valley Shelter Services

Trissa Dexheimer (Operations Manager): Trissa@valleyrenewalcenter.com

Jennifer Kirk (Executive Director): jenniferk@svshelterservices.org

Snoqualmie Valley Transit

Amy Biggs: ABiggs@SVTBus.org

Tolt United Congregational Church (Tolt UCC)

Becky Reimer: beckyreimer@hotmail.com

- Send notes to Becky Reimer with Tolt UCC at beckyreimer@hotmail.com