



# King County Youth Crisis Prevention in Snoqualmie Valley

Healthy Community Coalition  
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# King County

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Best Starts for  
**KIDS**

[Best Starts for Kids \(BSK\)](#)

2016-2021



## ● Investing early

Best Starts prenatal to five investments

## ● Sustaining the gain

Best Starts 5 to 24 investments continue the progress made in early childhood with school- and community-based opportunities to learn, grow and develop through childhood, adolescence and into adulthood.



Youth development



Partnerships with  
schools



Transitions to  
adulthood



Stopping the school-  
to-prison pipeline



Parent & community  
connections

**BSK Grants  
to our valley**



 King County

Best Starts for  
**KIDS**





- North Bend coffee home
- Middle & high school
- Youth Mentoring
- Leadership Development
  - Barista training (age 14+)
  - Podcasting
  - Sales & Marketing



KRISTEN ZURRAY  
Executive Director

[Kristen@thetrailyouth.com](mailto:Kristen@thetrailyouth.com)  
[www.trailyouth.com](http://www.trailyouth.com)



**YOUTH HANGOUT: 2pm – 5pm (Tues – Fri)**

- Free coffee drinks to ages 13+



Best Starts for  
**KIDS**



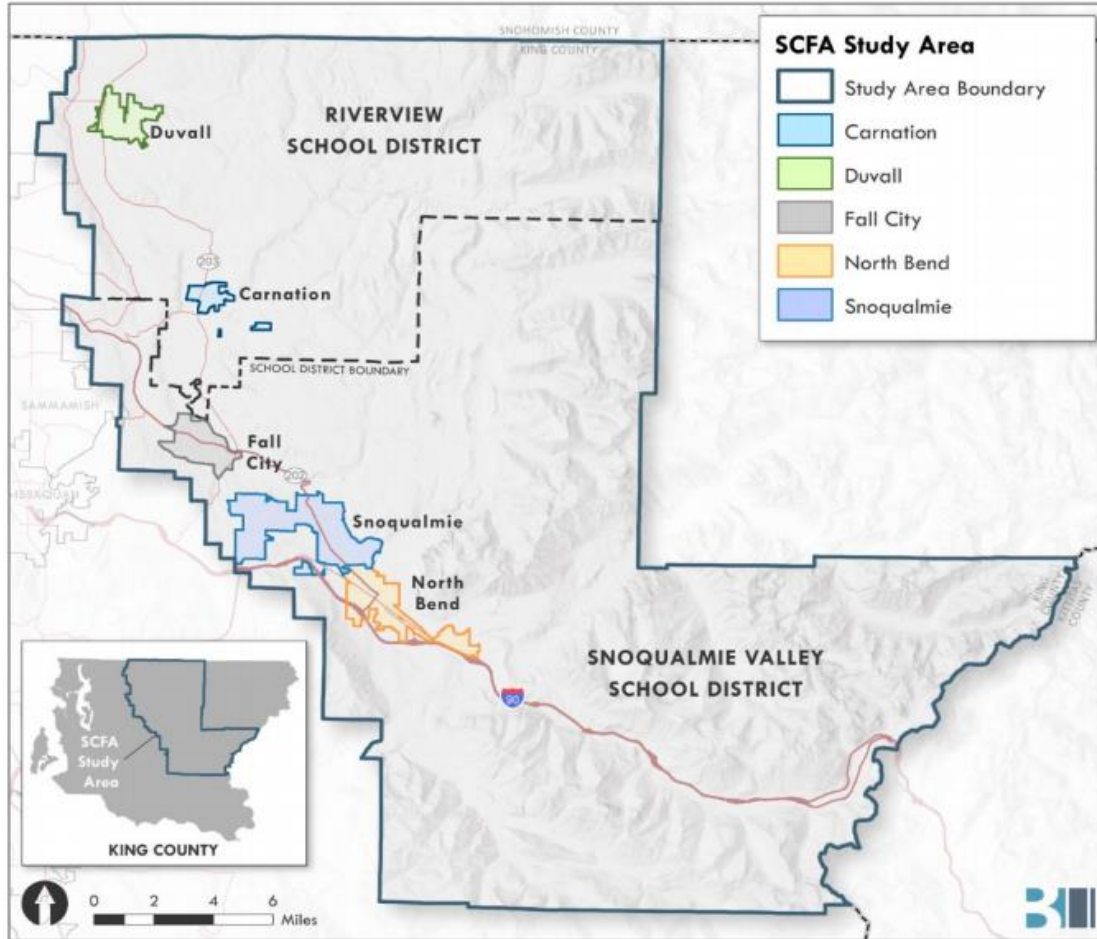
# LGBTQ Social Youth Group



- Ages 13–22 (Ages 11-12 w/ parent consent)
- Meets 1st & 3rd Friday, 6 - 7:30pm  
in Snoqualmie
- Dinner provided!

Contact Program Coordinator Laurie Colacurio, LICSW  
[Laurie@Lamberthouse.org](mailto:Laurie@Lamberthouse.org)  
<http://www.lamberthouse.org/kc-groups>





Source: BERK, 2019.












Community Needs Assessment

<https://asupportivecommunityforall.org>

# Children Under Age 18 Living in Poverty

(Family of four = \$24,858)

SCFA Study Area	Total Children 0-17 Years Old	% 0-17 Year Olds Living in Poverty	
SCFA Study Area	15,266	6%	
Carnation	496	12%	
Duvall	2,386	6%	
Fall City	414	7%	
North Bend	1,809	22%	
Snoqualmie	4,449	2%	
Unincorp. Riverview SD	1,989	3%	
Unincorp. Sno-Valley SD	4,137	4%	
<b>King County</b>	<b>433,833</b>	<b>12%</b>	

## # Children

FC = 29

NB = 398

Snoq = 89

UnInc = 165

Source: US Census American Community Survey 5-yr Estimates, 2013-2017; BERK, 2019.



# BSK Grants to SVSD



## Screening, Brief Intervention, and Referral to Treatment (SBIRT)

- TFMS, CKMS, & SMS

## TRAUMA-INFORMED RESTORATIVE PRACTICE (TIRP)

- Two Rivers social worker (Kendall Carlee/FOY)
- Community coordinator (Sarah Marsh/SVCN)
  - SVSD Community Truancy Board
  - Restorative Justice pilot program

# Crisis Connections



**crisis  
connections**  
support • resources • training  
*formerly known as crisis clinic*



## **Caring. Listening. Empowering.**

Our passion is caring and listening; empowering people to make positive life changes. We do this through connections between people and critical resources.



**crisis connections**

support • resources • training  
*formerly known as crisis clinic*



**king county  
24-hour crisis line**

1.866.4CRISIS(427.4747)



**King County 2-1-1**



*Washington*  
**Recovery Help Line**

24-Hour Help for Substance Abuse, Problem Gambling & Mental Health

**1.866.789.1511**

(206)461.3219 (m)



# Crisis Connections



- Since 1964, formerly Crisis Clinic
- Nonprofit organization
- 400 volunteers and staff
- Nationally accredited
- State licensed & certified chemical dependency treatment service
- 155+ languages available
- Prevention, intervention, postvention
- Hold times can occur

# king county 2-1-1



116,506

calls to King County 2-1-1



190,426

people searched  
community resources online



290K+

connections to help

## top needs



10%

permanent housing



14%

rent, move-in costs, mortgage



6%

food



6%

utilities



19%

emergency shelter



45%

other  
community  
needs



*You guys helped me out with electrical bills. It's been a bad year, & the numbers I was given were able to help keep the lights on.*



- A 62-year-old Veteran called 2-1-1 looking for help with medical debt

# 24-hour crisis line



**122,315**  
calls to 24-Hour Crisis Line



**20% of calls**

were crisis calls



**47% of calls**

were problem  
solving calls



**29% of calls**

were emotional  
support calls



**12% of calls**

were suicide risk  
calls

# 24-Hour Crisis Line Calls



**crisis  
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support • resources • training  
*formerly known as crisis clinic*

- **Why do people call?**
  - Caller defines their crisis
- **Not an advice line**
  - Goal is to de-escalate and empower callers to find solutions
- **Calls come from:**
  - Family and friends
  - Neighbors
  - Service Providers & Professionals
- **Entry point for mental health services in King County**

# teen link

**TALK IT OUT.**  
**CHAT WITH US.**



## Phone Hours

Evenings

6:00pm-10:00pm

## Chat Hours

Evenings

6:00pm-9:30pm

To speak with a teen phone worker between 6pm and 10pm (PST), please call toll free:

**1-866-TEENLINK | 866-833-6546**



# teen link



# 2,759

calls and chats  
to Teen Link

60% - emotional health-related issues

20% - relationship issues

4% - threats, abuse, violence-related

2% - substance use

14% - community involvement

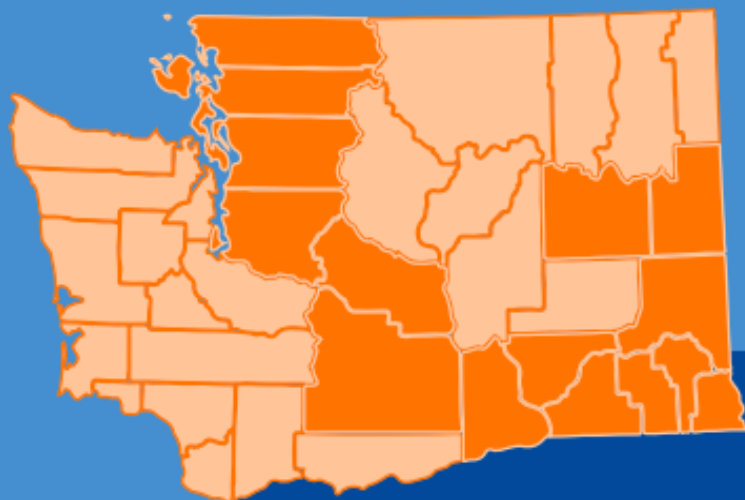


“Volunteering is empowering. Sometimes it's difficult, but it's taught me that I can do difficult things and make an impact. I've gained confidence in the ability to communicate, problem solve, and manage difficult situations.” - Teen Link Volunteer

# wa warm line



7,280  
calls to WA Warm Line



## why did people call?

emotional  
health



peer  
support



relationships



mental health  
conditions



loneliness



stress



we reached 16 counties  
over the course of 2018

# Crisis Connections



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[www.crisisconnections.org](http://www.crisisconnections.org)

# Children's Crisis Outreach Response System (CCORS)





# What is CCORS?

A free, comprehensive crisis service to children, youth and families in King County:

## **MOBILE CRISIS OUTREACH**

- Specially trained teams (Crisis Intervention Specialist + family/parent partner or more)
- The team goes to the family home or other location as needed in order to help deescalate the situation.
- The team works with the family to put in place ongoing services and supports to prevent future crises.

## **CRISIS STABILIZATION SERVICES**

- Based on the family's needs, in-home support is available for up to 8 weeks following the initial acute crisis



# What are the types of CCORS responses?

**1) Emergent Outreach (EO) - Immediate response (within 2 hours)**


**2) Non-Emergent Outreach (NEO)**

- **Scheduled next-day response at 10:00 am or 6:00 pm**
- **Next-day callback from the CCORS team**



# Who does CCORS serve?

- Youth ages 3-17 and their families. (Age 18 if living at home and attending high school.)
- Residing in King County.
- Youth and families in crisis (as defined by the family).
- Youth and families impacted by trauma.



# Contact information for Crisis Connections and CCORS:

- **Crisis Connections** can be reached 24 hours a day, every single day of the year: 1-866-4CRISIS
- ANYONE can refer
  - Provide brief **demographic information** (e.g. student name, DOB)
  - Describe **presenting symptoms** and/or concerning behavior.

**Website:** [Children's Crisis Outreach Response System \(CCORS\)](#)



# CCORS Crisis Interventions Specialist (CIS) *for Snoqualmie Valley*



- Provide comprehensive outreach and short-term non-emergent intervention services to youth & families
- Work out of SVCN office in Carnation, as part of YMCA CCORS

# Collaboration: Youth Crisis Prevention for Snoqualmie Valley



And much more!



# WA Mental Health Referral Service for Children and Teens



Connects families with mental health providers who have openings and can meet the child's needs

- 1) Considers needs, location, insurance ✓ Free
- 2) Provides 1 –2 recommendations ✓ For age 17 and under
- 3) Provides follow-up ✓ Request by phone or online



Seattle Children's®  
HOSPITAL • RESEARCH • FOUNDATION

<https://www.seattlechildrens.org/clinics/washington-mental-health-referral-service/>



Thank You!

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