

BUILDING BETTER FUTURES FOR YOUTH!

A MONTHLY NEWSLETTER OF
THE SNOQUALMIE VALLEY COMMUNITY NETWORK



APRIL 2019



The Rise and Shine Awards recognize members of the community whose volunteer efforts support promoting and inspiring youth to lead safe, healthy, and successful lives. This is the time to nominate your favorite volunteer!

To nominate an amazing volunteer click here:
<https://snoqualmievalleycommunitynetwork.org/rs/>

The Categories are:

Youth: A youth in grades 4th-12th whose volunteer efforts actively support and inspire other youth to lead safe, healthy and successful lives.

Community: Volunteer in our community who goes above and beyond by leading efforts to address needs, develops and/or leads activities or events or volunteers in the background. This person's involvement benefits the community and connects with SVCN's mission.

Business: A Business that goes above and beyond by sponsoring, donating, and/or helping youth in our community in a way connected to the SVCN mission. They are a business that steps up to help by initiating involvement or responding to a request to be involved.

Volunteer: A volunteer (youth or adult) working directly with the SVCN. They may be behind the scenes, a chair person or a board member. They are dependable, demonstrate initiative and model follow through.

Cheerleader: This person is a visible promoter and supporter of the SVCN. They spread the word and rally community members around SVCN activities. This person is a SVCN cheerleader.

Get Inspired!

In This Issue

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CHOICES

BECOME A MENTOR

RESILIENCY SERIES
STILL TIME TO REGISTER!

FUN FACTS ABOUT
OUR STAFF

To purchase tickets to attend this event click here:
<http://svcn-2019-rise-shine.eventbrite.com>



Free Parent Education course!

GUIDING GOOD CHOICES

A family management and skills building course for parents of 4-8 graders

Snoqualmie Valley Community Network is offering a 5 week course to learn proven methods to increase communication around substance use and making safe choices for everyone in the family. This course will be offered to parents of 4-8th graders.

Thursday Evenings, May 2-30
Mount Si High School Freshman Campus
register here: <https://ggcsvsd2019.eventbrite.com>

Youth Success! Mentoring

Have you ever thought about becoming a mentor? Youth Success! Mentoring is now accepting applications for the 2019/2020 school year. We are excited that our program is growing. We will be in 10 schools throughout the valley next year! To learn more you can stop by Rustic Cabin in Duvall on June 4 from 9:30-11. Heather will be there to answer any questions you may have.
Or email heather@svcن.info



Fun Facts about our Staff!

Carol Van Noy is our Fund Development Manager. Carol loves bird watching and you may see her with binoculars out on the Snoqualmie Trail!



There is still time to sign up for our Resiliency Series. Here are the upcoming classes:

- May 7 - Thrival part 1 - Avoiding Burnout
- May 15 - Building a Supportive Community
- May 21 - Thrival part 2 - Finding Joy & Living on Purpose

For more information and to register, go to:
<https://snoqualmievalleycommunitynetwork.org/snoqualmie-resilient/>