



# King County Behavioral Health and Recovery Division

## Snoqualmie Valley Community Network

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# Agenda for Today

- ▶ Overview of King County BHRD
- ▶ Current State
- ▶ Future State
- ▶ Service Continuum
- ▶ Other Initiatives
- ▶ Q & A

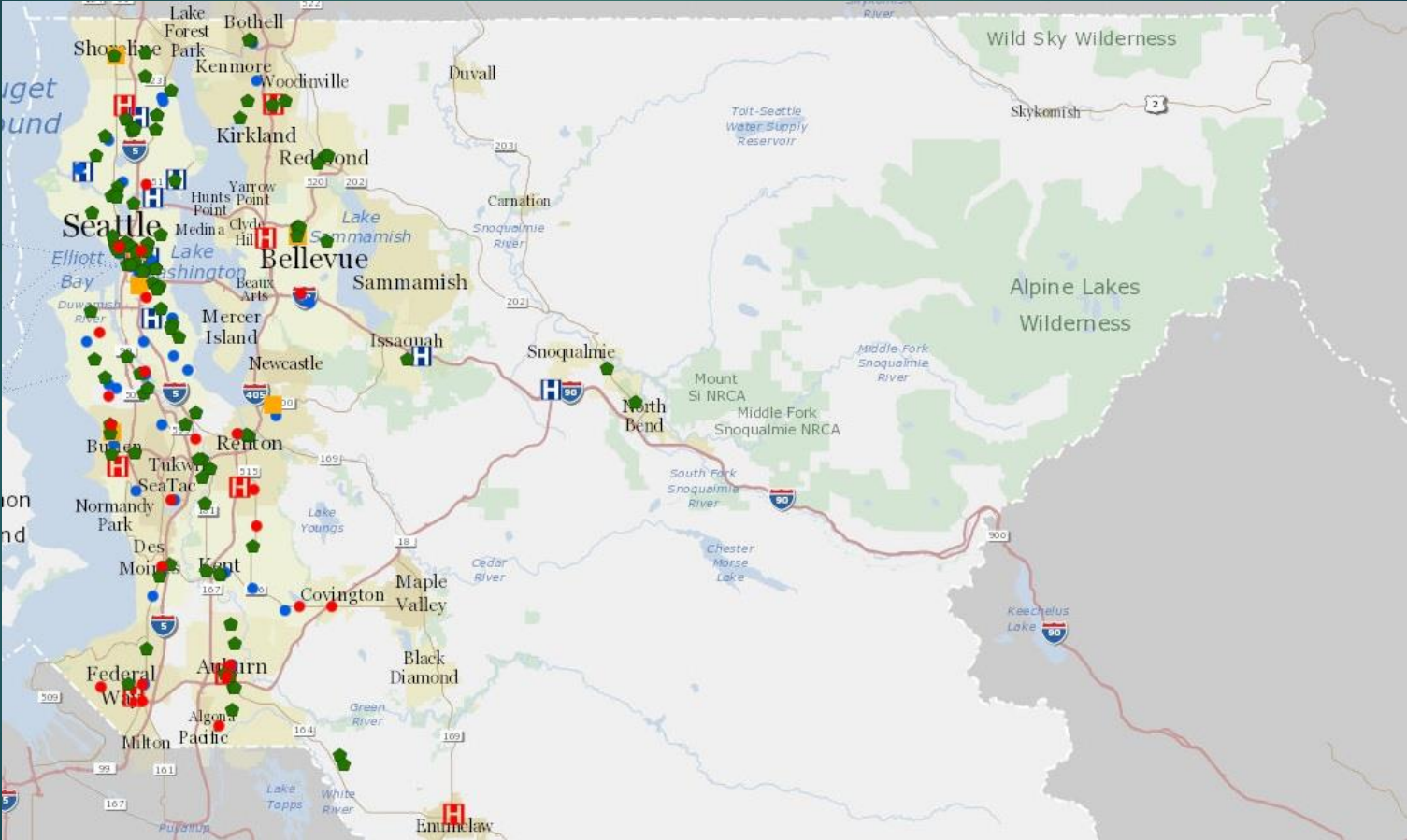
# County Structure

- ▶ Department of Community and Human Services
- ▶ Behavioral Health and Recovery Division
  - Designated Crisis Responders
  - Emergency Service Patrol
  - Outpatient Mental Health and Substance Use Disorder
  - Substance Use Disorder Residential Placement Prevention
  - Diversion and Reentry
  - Residential Services
- ▶ Developmental Disabilities
- ▶ Housing and Homelessness
- ▶ Community Services
- ▶ Veterans Services
- ▶ Employment and Education

# Division Priorities

- ▶ Prevention
  - Infant Mental Initiative
  - Screening, Brief Intervention and Referral to Treatment
  - Zero Suicide Initiative
  - Mental Health First Aid training
  - First episode psychosis
- ▶ Diversion
  - Criminal Justice
  - Hospitalization
- ▶ Treatment on Demand
  - Capacity Building
  - Same Day Access
- ▶ Peer Inclusion
  - County Hires
  - Peer Bridger
- ▶ Recovery Support Services
  - ▶ Housing
  - ▶ Employment
  - ▶ Connection
- ▶ Integration

# Current Provider Locations





**Change  
Ahead**



# The PROBLEM

People with mental illness die earlier than the general population and have more co-occurring health conditions.



**68%**

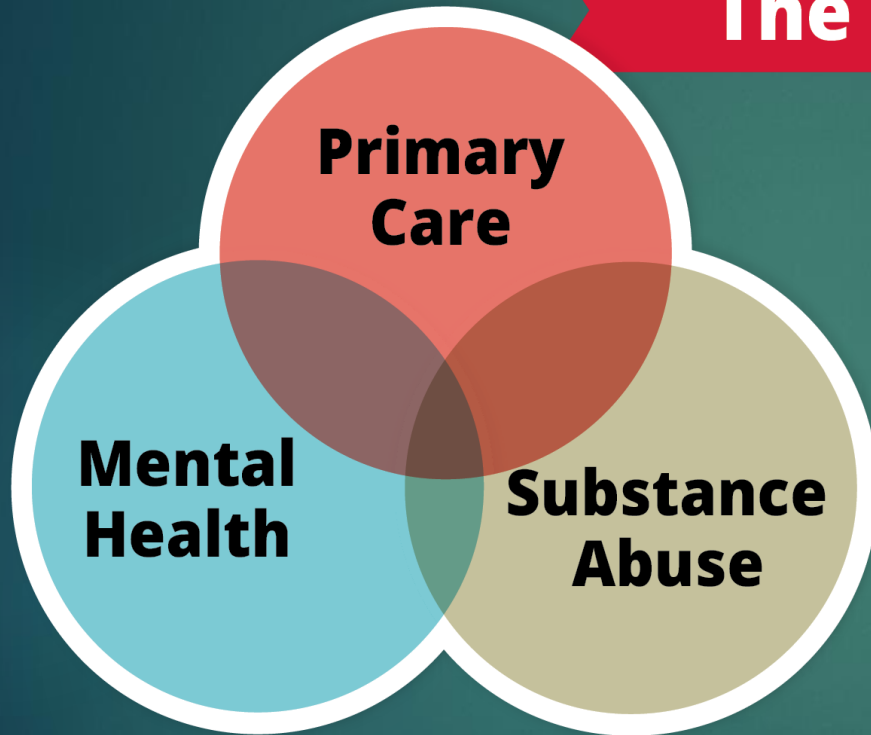
of adults with a mental illness have one or more chronic physical conditions

more than

**1 in 5**

adults with mental illness have a co-occurring substance use disorder

## The SOLUTION



The solution lies in integrated care - the coordination of mental health, substance abuse, and primary care services.

Integrated care produces the best outcomes and is the most effective approach to caring for people with complex healthcare needs.



# Who Do We Serve?

- ▶ Any Medicaid eligible individuals who meet medical necessity criteria for mental health or substance use disorder

## EXCEPT

- ▶ Individuals who identify as American Indian or Alaskan Native
  - ▶ Today: SUD treatment thru state
  - ▶ July 2017: MH and SUD treatment thru state – can “opt in” to BHO
- ▶ Some Low income non-Medicaid individuals

# Current Innovations



- ▶ Increase SUD rates
- ▶ Build local residential treatment capacity
- ▶ Add detox beds
- ▶ Add Evaluation & Treatment and inpatient psychiatric beds
- ▶ Expand access to Medication Assisted Treatment

# Who do I call if I need services?

- ▶ If currently in treatment, work with provider
- ▶ If you have questions about Substance Use Disorder, Mental Health or Problem gambling contact the Washington Recovery Helpline: 1-866-789-1511
- ▶ Children's Crisis Outreach Response System (CCORS) services are available to children and families 24 hours a day, 7 days a week, 365 days a year. Call the Crisis Clinic 24/7 at 206.461.3222
- ▶ Crisis Clinic – 24/7 1-866-427-4747
- ▶ Teen link: 6-10pm 1-866-833-6546
- ▶ National Suicide Prevention Lifeline – 1-800-273-8255

# Related Initiatives

- ▶ Mental Illness and Drug Dependency Plan
- ▶ Best Starts for Kids
- ▶ Veterans and Human Services Levy
- ▶ Community Alternatives to Boarding Taskforce
- ▶ Heroin and Prescription Opiate Addiction Task Force
- ▶ Same Day Access Initiative
- ▶ Familiar Faces



# Thank you!

**Jim Vollendroff**

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On the web...

[bit.ly/KCBehavioralHealth](http://bit.ly/KCBehavioralHealth)